

JustHOPE

REFLECTIVE PRAYER RESOURCE FOR LENT 2025

Using the season of Lent to pray with the Jubilee 2025 Pilgrims of Hope Prayer

Father in heaven,
may the faith
you have given us
in your son,
Jesus Christ,
our brother,
and the flame of charity
enkindled in our hearts
by the Holy Spirit,
reawaken in us the blessed hope
for the coming of your Kingdom.



May your grace transform us
into tireless cultivators
of the seeds of the Gospel.
May those seeds transform from within
both humanity and the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.

May the grace of the Jubilee
reawaken in us, Pilgrims of Hope,
a yearning for the treasures of heaven.
May that same grace spread
the joy and peace of our Redeemer
throughout the earth.
To you our God, eternally blessed,
be glory and praise for ever.
Amen



Also available
to download
as sound
recordings from
missionministry.ie

How to use

1

INTRODUCTION

The Jubilee Pilgrims of Hope prayer is divided into 6 moments of reflection.

We begin by taking time to place ourselves in the presence of God who brings hope into our lives.

2

THE JUBILEE PRAYER

Next we pray using a part of the prayer rather than the whole thing.

This allows us the chance to focus and gives us food for thought and reflection.

3

GUIDED REFLECTION

After we have heard part of the prayer, we take some time to think about what it might mean. What insights does it offer to us for our Lenten journey in this Year of Jubilee as Pilgrims of Hope?

4

ACTION

Each week we allow the prayer and reflection to lead us to some possible action, connected with the theme.

5

PRAYERS OF INTERCESSION

We end by praying some prayers of intercession. We allow space after the intention to make that prayer... then we end with the response:
Lord, fill us with your hope.

Week

1

Welcome to the first moment of our Lenten JustHOPE resource where we will be reflecting on the Jubilee Pilgrims of Hope prayer.

We begin by taking a moment to pause and remember that we are in the presence of God who brings hope into our lives.

Let's pray the first part of the prayer...

**Father in heaven,
may the faith you have given us in your son,
Jesus Christ, our brother,
and the flame of charity
enkindled in our hearts by the Holy Spirit,
reawaken in us the blessed hope
for the coming of your Kingdom.**

This part of the Jubilee Prayer invites us to reawaken our hope. Maybe there are things in your life, past or present experiences, which make it difficult for you to hope and trust in the promise of God's Kingdom. We know from the Lord's prayer, that this Kingdom is something we need to make present here, on earth, not just something that exists in the future when we die.

The prayer directs us to two ways we might rekindle and build hope... through faith in Christ and by acts of charity. Getting closer to the one who shared with us the message of hope in God can help renew that hope for us. Putting that message into practice by being aware of and reaching out to those in need is also a practical reminder of the transforming power that hope in God brings.

How can I make time this week to be with Christ in silence, to share with him about my life and to listen to how he responds in love?

What act of charity, however small, might I be inspired to do this week to reawaken hope for myself or for someone else?

We pray for those in need of hope; that our witness and actions may always lead them closer to the Lord of all hopefulness.

Lord, fill us with your hope.

We pray for those working to build the Kingdom of God on earth; that their efforts may inspire us to seek out ways to bring others closer to God.

Lord, fill us with your hope.

